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Before a Flood:

- **Emergency Plan:** Develop a comprehensive emergency plan that includes specific provisions for individuals with disabilities. Involve disabled individuals and their caregivers in creating the plan to address their unique needs.
- **Communication:** Establish a clear communication plan, including methods such as text messages, visual signals, or communication boards for those with speech or hearing impairments. Ensure everyone knows how to call for help.
- **Flood Alerts:** Stay informed about weather conditions and flood alerts in your area through local news, weather apps, or emergency alerts. Sign up for emergency notifications and alerts from local authorities.
- **Safe Locations:** Identify safe locations within your home or workplace where disabled individuals can take shelter during a flood. Consider upper floors or elevated areas if available.
- **Emergency Supplies:** Prepare a portable emergency kit with essential items like medication, medical supplies, mobility aids, food, water, and important documents. Keep this kit in an easily accessible location.
- **Training:** Train caregivers, family members, and staff on how to assist disabled individuals during a flood, including safe evacuation techniques and first aid.

During a Flood:

Stay Informed: Monitor weather updates and flood warnings. Be ready to take action if a flood warning is issued for your area.

Evacuation: If an evacuation order is issued, assist disabled individuals in evacuating promptly. Use established escape routes, and if necessary, contact local authorities for assistance in evacuating disabled individuals safely.

Communication: Keep communication lines open with disabled individuals to provide updates and instructions. Use established communication methods to ensure everyone understands the situation.

Provide Support: Offer physical support as needed for those with mobility impairments. If using a wheelchair, consider using an evacuation chair or transfer board to move the person to safety.

Emergency Kit: Bring the portable emergency kit with essential supplies for disabled individuals during evacuation.

Transportation: Arrange accessible transportation options if necessary, such as accessible vehicles or transportation services for disabled individuals.

Shelter: Ensure that the chosen evacuation shelter is accessible and can accommodate the needs of disabled individuals, including accessible restrooms and medical facilities.

Hygiene and Medication: Ensure access to hygiene facilities and medications for disabled individuals while in the shelter. Maintain any necessary medical equipment.

Stay Safe: During the flood, avoid walking or driving through flooded areas, as water levels can be unpredictable and dangerous.

Follow Authorities' Instructions: Follow instructions from local authorities and emergency services for your area.